

Nourishment from head to toe

Skin Food is your ideal whole-body moisturiser:

- Replenishes overworked hands
- Hydrates dry elbows
- Softens cracked heels
- Intense treatment for dry feet
- Soothes scratchy knees
- Heals chapped lips and nose
- Revitalising face mask
- Replaces makeup primer
- Highlighter for cheekbones
- Ideal in-flight companion

Dermatologically tested.
Suitable for vegetarians.



Experts in natural skin care

Since 1921 Weleda has been unlocking the vitality and potency of nature to help maintain a healthy body, inside and out.

We use only the finest natural and organic ingredients grown in our own biodynamic gardens or sourced ethically and sustainably from our fair trade partners.

But it's not only the highest quality raw ingredients that make Weleda's products different. It's the way we lovingly harvest, distill and process the ingredients, combined with decades of skin care research and development, that make Weleda's products highly effective and trusted around the world.

Feeding skin for over 90 years

Skin Food has been a dry skin saviour since 1926.

Loved by makeup artists and celebrities around the world, this ultra-rich cream, deeply nourishes, hydrates, restores and protects very dry and rough skin.

Now you can nourish your skin with superfood from head to toe, every day, with Skin Food **Light**, Skin Food **Body Butter** and Skin Food **Lip Balm**.

Rich, yet gentle, Skin Food products are certified natural and contain high quality plant extracts including organic chamomile, calendula, rosemary and wild pansy - all traditionally used to soothe the skin.

*Your most beautiful self shines
when every part of you is fed*

We dare to care and strive to make the world a better place for people and the planet.



ZERO
MICROPLASTICS



NO ANIMAL
TESTING



80% ORGANIC
BOTANICALS



PRESERVING
BIODIVERSITY



NO GMOs, SYNTHETIC
FRAGRANCES, PRESERVATIVES
OR MINERAL OILS



BIODYNAMIC
CULTIVATION



UEBT
CERTIFIED
SOURCING
WITH RESPECT

Weleda contributes to a
world in which people and
biodiversity thrive.



100%
Certified
NATURAL

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The Skin Food Experience



Skin Food

Skin Food provides the most intense moisturisation of the collection. This rich, aromatic cream deeply nourishes, hydrates and softens very dry and rough skin to appear healthy-looking and luminous. Available in 75ml and 30ml.



Skin Food Light

This nourishing cream instantly hydrates and is a lighter, fast-absorbing version of our original Skin Food. For everyday use on face and body, a lighter option for daytime or in warmer weather. Available in 75ml and 30ml.



Skin Food Body Butter

A soft, whipped texture that melts into your skin leaving a luxurious, non-greasy feeling. Try using after a bath or shower to lock in moisture and indulge the senses.



Skin Food Lip Balm

A rich formula of plant oils and extracts to help nourish and protect dry and chapped lips, leaving them feeling sublimely soft, especially in cold weather. Suitable for coeliacs.

Key Ingredients



Organic Rosemary Leaf

Revitalising, stimulating and toning. Boosts dull complexions.



Wild Pansy

Soothing and moisturising properties. Traditionally used on dry, cracked skin.



Organic Chamomile

Gentle, soothing and repairing. Ideal for delicate or sensitive skin.



Organic Calendula

A soothing botanical rich in carotenoids and flavonoids, used for wound healing and inflammation.



Organic Sunflower Seed Oil

Light, mild plant oil with antioxidants from Vitamin E.



Lanolin*

Ointment-like consistency that offers rich care for skin.



Beeswax*

Helps provide a natural breathable layer to hold in moisture.



Organic Shea Butter

Plant butter that strengthens the lipid barrier, leaving skin feeling soft, supple and moisturised.

*not in Body Butter